Challenges for postdoctoral researchers

- Early stage postdocs -

Kathrin Komp, Department of Sociology, Umeå University
This presentation

What I learned this far ...  

Do/did you have similar experiences?
(1) Recognize that getting a PhD is a major life-course event.
(2) Learn to present yourself
(3) Choose your activities
- say "no"
- delegate
(4) Figure out what you want
- work/family/life
- what kind of career?
(5) Find solutions
- compare countries
- get a mentor
- learn from other disciplines, professions, ...

... maybe the FLARE fellowship is a good starting point